First Harvest Ritual

★ *Create an altar with harvest themed items, veggies from garden, seasonal flowers, etc.*
★ *Smudge and/or attune*
★ *Process into circle Om-ming or singing a processional song or chant*
★ *Form a circle and once everyone is present, ground and attune energies (hold hands, Om together, etc.)*
★ *Greeting and info about why we are gathering, the Divinity within oneself, emphasis on Goddesses and Gods*
★ *Elements:* Invoke with sounds, music from items, and any words you feel moved to say.

East: rattles, bells, etc.
South: a drum, metal striking metal sounds, etc.
West: Ocean Drum, water sounds, sprinkling people if outdoors, etc.
North: Udu, earthy sounds, stones or sticks struck together, etc.
Center: All together—a heartbeat rhythm with all instruments playing at the same time

SONG: (something appropriate for harvest or suggested song below)

Suggested: We Sing the Song of the Spirit

We--sing the song of the Spirit
In one Voice, the Music of Life.
We--Dance the Rhythm of Nature
And we--Drum the beat of our Heart.

Hear the Earth call to you,
Feel the Air lifting you,
See the Fire dance for you,
Let the Water carry you.
(x2)

★ *Goddess and God Invocations, everyone is welcome to sit down*

SONG: (something appropriate for offerings and harvest)

★ *Offerings to the (nature, fire, etc.)*
★ *Blessings for the Harvest*
★ *Make corn dollies from corn husks*
★ *Raise energy with the Corn Dollies*

SONG: (something appropriate for harvest, or use suggested song below)

Suggested: Horned One

Horned One, Lover Son
Leaper in the corn
Deep in the Mother
Die and be reborn

★   *As you sing, imbue corn dollies with gratitude for one's blessings in the last cycle and for any wishes you desire to manifest in the coming cycle of days.*

As the energy is raised with singing and drumming, each person tosses their corn dolly into the fire individually as each feel moved

★   *Release energy*

<u>SONG: Pour the Waters</u> for *Libation, "Cakes and Ale", or "Ritual Feast"*

★   *Close Circle, open for feasting*